

CERTIFICATE OF PARTICIPATION

This is to certify that

Lance Marais

Has successfully participated & completed the

5km Eastern Nights Trail Run #3

held at Benoni Country Club.

TIME 00:36:48

PACE 07:21/km

OVERALL 19 of 60

GENDER 10 of 23

OVER 40 7 of 12

06 June 2019, Thu

Date



BoutTime

Signature

